



Education and Career Guidance

02

1 WHAT'S HAPPENING?



Students will be receiving relevant EGC resources to guide them in taking the next step in their education and career journey.

Encourage students to explore possible education and career pathways using the resources provided.

Encourage them to discuss their plans with their parents, teachers and EGC Counsellors.

2 FOR MORE INFO



Students may navigate the [MySkillsFuture](#) portal to explore the Singapore Education Landscape and find out more about the various educational institutions and the programmes offered.

3 EGC COUNSELLING



EGC counselling services from the EGC Centre at MOE (Grange Road) is available for GCE A-Level students from 14-28 Feb 2020 via moe_ecg@moe.gov.sg or phone: 6831 1420.



The social and emotional support we provide our teens will help them learn to persevere and adapt positively to challenges. Assuring our teens of our support is especially valuable and crucial during milestones such as results release, and when decisions about the next step need to be made.

- Remind parents to celebrate their teen's efforts.
- Encourage parents to look out for out-of-character behaviours in their teen and provide his/her with information on where help is available.
- Have open conversations with their teen to discuss his/her interests and strengths.
- Refer their teen to the ECG resources distributed and the [MySkillsFuture](#) portal for information on institutions, courses and education and career options.

Tip

You may refer to "[Is your child too stressed?](#)" infographic for common signs of stress. When these signs persist, you should seek help and advice from a health professional.



Social and Emotional Support Education and Career Guidance Resources

- Gratitude
<https://tinyurl.com/gratitude-parents>
- [Building S.P.A.C.E into Our Conversations](#)
- [Setting Realistic Expectations](#)
- [Journeying with Our Children, Achieving Their Aspirations](#)



Share the resources
with parents!